Ideas for Finding Experience

Clinical Experience and Service

1. **DUKE ACTIVITIES FAIR**: held early in the fall semester, will have representatives from student prehealth groups and service organizations.

2. **PREHEALTH list serve**: be sure to join so you can receive periodic announcements. prehealth.duke.edu

3. **DUKE LIST**: advertises research, jobs, internships and volunteer opportunities. dukelist.duke.edu

4. **DUKE CENTER FOR CIVIC ENGAGEMENT**: service opportunities, service-learning courses, and links to a variety of programs at Duke. civic.duke.edu


6. **DUKE SERVICE LEARNING PROGRAM**: service-learning classes; you can do an advanced search on ACES for these. servicelearning.duke.edu

7. **DUKE ENGAGE**: summer service (all expenses paid) in US and abroad. dukeengage.duke.edu

8. **DUKE PARTNERSHIP FOR SERVICE**: a large variety of opportunities for service at Duke. dps.dukegroups.duke.edu/how-to-get-involved/ Examples include

   - Adopt-a-Grandparent
   - America Reads and Counts
   - Innoworks: organize a week long summer program for underprivileged middle school students
   - Camp Kesam: for children who have or had a parent with cancer
   - Engineers without Borders and Engineering World Health
   - GANO: one on one tutoring on English for Spanish-speaking adults
   - FEMMES: outreach program to promote science, math, engineering to girls in grades 4 - 6
   - Duke Global Brigades: sustainable health care
   - Operation Smile
   - Duke PAWS (animals)
   - McKids: volunteering at the Ronald McDonald House
   - Science Days at Duke: The Girl's Club: mentoring
   - WISER: Women's Institute for Secondary Education and Research
   - WOODS: Wilderness Outdoor Opportunities for Durham Students
   - Unite for Sight

9. **DUKE MEDICAL CENTER VOLUNTEER PROGRAMS**: For sophomres, juniors and seniors. Duke students volunteer through The Duke Health System Pre-Health Volunteer Program (PHVP). Application and training for the year occurs in August so this program is not available for first-year students. There is a 2 semester commitment and it requires 2 to 4 hours of service per week. It is highly competitive. dukemedicine.org/patients-and-visitors/hospital-information/volunteer-services Examples include:

   - Best Buddy Program
   - Cancer Patient Support Program
   - Child, Adolescent Life Program: playroom, bedside play in pediatric bone marrow unit
   - Children's Health Center Patient Support: play in waiting areas
   - Eye Center/Touchable Art Gallery/Pediatric Art Cart: hospitality, working with children
   - Heart Center Patient Support Program
   - Helping Hands
   - Intensive Care Waiting Rooms: liaison between patients, visitors, staff
   - Kidz Need Hugz Program: work directly with children
   - Oncology Recreation Therapy, Hospitality Cart
   - Rainbow Volunteers: work with patients in Pediatric Blood/Bone Marrow unit
   - Ronald McDonald Family Room: organizational, instructional

10. **DIRECTOR OF ACADEMIC ENGAGEMENT for Global and Civic Opportunities**: Meet with a DAE to discuss service And civic opportunities, at Duke and away. globaladvising.duke.edu/
11. **CAREER CENTER**: visit them for internships, jobs, resumes, etc.
   
   General website: [studentaffairs.duke.edu/career](http://studentaffairs.duke.edu/career)
   
   Internship Funding Program: [studentaffairs.duke.edu/career/programs/internship-funding-program](http://studentaffairs.duke.edu/career/programs/internship-funding-program)
   
   Summer internships: [studentaffairs.duke.edu/career/online-tools-resources/career-center-skills-guides/internships/](http://studentaffairs.duke.edu/career/online-tools-resources/career-center-skills-guides/internships/)
   
   Funding low-paying or unpaid internships: [explorehealthcareers.org/en/careers/programs](http://explorehealthcareers.org/en/careers/programs)
   
   Strategies for contacting individuals/businesses: [studentaffairs.duke.edu/career/career-services/career-counseling](http://studentaffairs.duke.edu/career/career-services/career-counseling)
   
   Writing resumes, cover letters etc: [studentaffairs.duke.edu/career/online-tools-resources/career-center-skills-guides](http://studentaffairs.duke.edu/career/online-tools-resources/career-center-skills-guides)
   
   E-recruiting: [studentaffairs.duke.edu/career/online-tools-resources/erecruiting](http://studentaffairs.duke.edu/career/online-tools-resources/erecruiting)
   
   Duke alums who might serve as mentors: [dukeconnect.com](http://dukeconnect.com)

12. **STUDENTS**: talk with sophomores, juniors and seniors at Duke for advice and to see what they have done.

13. **EMERGENCY MEDICAL TECHNICIAN**: EMT training is available on campus; just be aware that this takes a significant amount of time. [duems.groups.duke.edu](http://duems.groups.duke.edu)

14. **DURHAM OR LOCAL**: (many will require a car or transportation)
   
   Durham VA Hospital: [durham.va.gov/giving/assignments.asp](http://durham.va.gov/giving/assignments.asp)
   
   Duke Regional Hospital: [dukeregional.org/about/volunteer/](http://dukeregional.org/about/volunteer/)
   
   For the Duke Regional Emergency Room Ambassador Program (summer program for undergraduates)
   contact Amber Robinson at amber.robinson@duke.edu
   
   Lincoln Community Health Center: staff the pediatric playroom/waiting area: contact Ms. Maria Teixeira, maria.teixeira@duke.edu, or 919-956-4011 [lincolnchc.org/](http://lincolnchc.org/)
   
   Duke Hospice: [dhch.duhs.duke.edu/hospice](http://dhch.duhs.duke.edu/hospice)
   
   Central Regional Hospital in Butner: you can participate as part of psychology courses you might enroll in, or call the hospital at 919 764-2000 and ask to speak with the Director of Volunteer Services; there is an orientation program during the first 2 weeks of the semester that you will need to attend, then you will get a listing of possible placements and times; pediatrics and geriatrics are available. [ncdhhs.gov/dsohf/services/crh/](http://ncdhhs.gov/dsohf/services/crh/)
   
   Volunteer Center of Durham: [thevolunteercenter.org or handsontriangle.org](http://thevolunteercenter.org or handsontriangle.org)
   
   Wake Med Internship Program: [wakemed.org/landing.cfm?id=347](http://wakemed.org/landing.cfm?id=347)

15. **ELSEWHERE**: Check for positions and programs at home - your pediatrician, family doctor, friends of your parents, local hospital or medical center, community groups, church, local schools, nursing homes, convalescent centers, rehabilitation centers, hospice programs. For ideas about community service away from Durham: [Volunteer.org](http://Volunteer.org) and [idealist.org](http://idealist.org)

16. **SUMMER MEDICAL AND DENTAL EDUCATION PROGRAMS**: SMDEPs are offered by a number of medical schools each summer; these are free, six-week programs that offer academic enrichment and experience for rising sophomore and juniors interested in medicine and dentistry. [smdep.org/](http://smdep.org/)

17. **SCIENCE ENRICHMENT PREPARATION**: The SEP Program is an 8-week summer experience at UNC-Chapel Hill designed to help prepare, inform, and enrich talented rising sophomore and junior prehealth students. While all can apply, they are especially interested in first-generation, underrepresented minority, or socioeconomically disadvantaged students. All costs are covered and a stipend is given. [nchcap.unc.edu/college/sep-program/](http://nchcap.unc.edu/college/sep-program/)

18. **INTERNSHIPS**: The Rochester Institute of Technology Internship Search Page lists research, clinical patient interactions, health organizations, non profits and others. [people.rit.edu/gifsbi/Symp/premed.htm](http://people.rit.edu/gifsbi/Symp/premed.htm)

19. **MEDIA INTERNSHIPS AND FELLOWSHIPS** on US Health Care: [kff.org/media-internships-fellowships/](http://kff.org/media-internships-fellowships/)

20. **AAMC SUMMER ENRICHMENT PROGRAMS**: [services.aamc.org/summerprograms](http://services.aamc.org/summerprograms)
21. HEALTH CAREER CONNECTION INTERNSHIPS: healthcareers.org/resources/students

Research

1. UNDERGRADUATE RESEARCH SUPPORT OFFICE: This site has lots of information about how to get started, opportunities, summer research programs at Duke and elsewhere, undergraduate research links, summer research programs at Duke and elsewhere, grants you can apply for and assistantships and more.
   home website: undergraduateresearch.duke.edu/
   for links to departments, faculty research in humanities, social sciences and natura/quantitative sciences, see undergraduateresearch.duke.edu/started/faculty-research-links

2. DUKE LIST: see Clinical Experience and Service above

3. DUKE COMMUNITY CIVIC CENTER: see Clinical Experience and Service above

4. CAREER CENTER: see Clinical Experience and Service above

5. RESEARCH AT DUKE: research.duke.edu and medschool.duke.edu/research

6. SPECIFIC INTEREST? Contact a department that has research in this area and ask if there are jobs or volunteer positions available. You can call, e-mail, or contact the Director of Undergraduate Studies (DUS), faculty members, staff assistants, post-doctoral students, graduate students, or other undergraduate students.

7. BIOLOGY DEPARTMENT: has information on research biology.duke.edu/undergrad/independent/index.html

8. PRATT SCHOOL OF ENGINEERING: pratt.duke.edu/research

9. CHRONICLE: the classified section of the Chronicle often lists opportunities and jobs.

10. INSTRUCTORS. enjoying a class? Ask the instructor if he/she is doing research or if he/she can refer you to someone else who is.

11. HUMANITIES AND SOCIAL SCIENCES: you might be attracted to research on social issues, history, the arts. Duke has a number of interdisciplinary programs where faculty, undergraduates, graduate students and others work as "teams", and the projects are often ones where you can participate on and off over a number of semesters. You could take an associated class, attend events, volunteer, join a team, do a research project, and/or enroll in a research independent study. See the examples below. Also check the departments in which you are considering a major to see what they might offer or participate in.

bassconnections.duke.edu/theme and bassconnections.duke.edu/content/get-involved

   HUMANITIES WRIT LARGE. e.g. Global Brazil
fhi.duke.edu/labs and humanitieswritlarge.duke.edu/undergraduate-research

   DUKE WIRED. Application of technology to the study of culture, art, urban history and architecture
dukewired.org

   SERVICE OPPORTUNITIES IN LEADERSHIP
hart.sanford.duke.edu/sol/how-to-join/

   DUKE IMMERSE four courses, one semester on a current issue sites.duke.edu/immerse/

Shadowing Health Care Providers Away from Duke
1. **HOME PEDIATRICIAN, FAMILY DOCTOR.** Contact family physicians at home; you might shadow during the summer or winter or spring breaks.

2. **HOME MEDICINE.** Check with your local hospital, medical center, rehabilitation center, retirement home etc., or places where you have volunteered.

3. **FAMILY FRIENDS.** Check with family friends, health professionals you know.

4. **DUKE ALUMS.** Check for Duke alums in your hometown (use the Career Center's alum search)

5. **RESEARCH CONNECTIONS.** If you are working in a medical research lab that has a connection with an MD or MD/PhD, ask if they do clinical work and if you could shadow

6. **ATHLETE? SPORTS?** If you are an athlete or like sports, check with sports medicine and orthopedics

7. **RECOMMENDATIONS.** When you finish with one shadowing provider, ask for suggestions of others

Note: Be sure to check in advance to see if a health practice has requirements for shadowing.

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**Shadowing Health Care Providers at Duke (sophomores, juniors, seniors)**

The Health Professions Advising Office Shadowing Program matches Duke students with health care providers at Duke Medical Center. It is governed by the Affiliation Agreement with Clinical Education at Duke Hospital, which assists students in these ways:

- Provides required training and orientation prior to shadowing at Duke
- Provides and manages online paperwork which is required for clearance to shadow
- Matches students with Duke healthcare providers in a wide variety of practices
- Supports students throughout their shadowing experience

**HOW TO PARTICIPATE (only sophomores, juniors and seniors are eligible):**

1. Watch for posted announcements and updates on the HPA pre-health listserv (be sure you are signed up at prehealth.duke.edu).

2. Be sure you have an AdviseStream account, since registration for the Shadowing Program is only available through AdviseStream. Sign up at prehealth.duke.edu

3. Be sure, too, that you have met all Duke Medical Center immunization requirements, including a current flu shot (see the list below)

4. Go to AdviseStream, watch tutorials, do quizzes, be sure you are in compliance with immunization requirements.

5. The HPA Shadow Coordinator will check and approve; he will send an email to

6. The Student Health Center, where someone will confirm your immunization records and TB status; when you are approved, he/she will send an email to:

7. The Clinical Education Director at Duke Hospital, who gives final approval.

8. You will then be given available times and specialties for shadowing. You choose an area, find out who the physician or other person is, and contact them directly to make arrangements. Shadowing usually runs for 6 weeks, and is renewable for another 6 weeks. If you have a physician in mind who is not in the database, you will need to have that person notify the Shadow Coordinator that he/she is willing to allow you shadow, and the Shadow Coordinator will manually match him/her with you.

Note that HIPPA (Health Insurance Portability and Accountability Act of 1996) training is required of volunteers at Duke every year beginning in the fall; it is not transferrable elsewhere and there is no certificate or other confirmation of your approval. If you decide to shadow at home during the summer or elsewhere, keep in mind that each hospital is likely to require their own training.
These are the current Health Requirements for ALL students shadowing at Duke Medical Center & Health Systems:

All Students & Faculty having patient contact are required to provide official documentation: "Official" means a document dated, signed, and stamped by a health professional or facility AND approved by Student Health Services.

PLEASE NOTE: Questions about health records must be directed to Student Health; the Health Professions Advising Center does not approve students' health records.

Immunity Status: Immunity to measles, mumps, rubella, varicella, and polio is required.

Immunity to measles: Physician diagnosed disease, or Lab evidence of measles immunity, or Two doses of live measles-containing vaccine on or after the 1 birthday.

Immunity to mumps: Physician diagnosed disease, or Lab evidence of mumps immunity, or Two doses of live mumps-containing vaccine on or after the 1 birthday.

Immunity to rubella: Lab evidence of rubella immunity, or One dose of live rubella-containing vaccine on or after the 1 birthday.

Immunity to varicella zoster (chickenpox): Lab evidence of varicella immunity, or Two doses of varicella vaccine.

Immunity to pertussis, if providing care to children 18 months of age or younger

Vaccination with acellular pertussis. Tdap. vaccine.

Immunity to polio: History of receiving polio vaccine.

Tuberculosis Status. The School must verify TB status of students, prior to Duke clinical experiences. BCG history does not preclude tuberculin testing; students with a history of BCG vaccination may be required to have a two-step procedure. Students who have active disease must be under appropriate medical treatment, care and follow-up. History of positive tuberculin reaction requires documentation. Documentation of chest x-ray at least 2 years after tuberculin test conversion is required.

Influenza. Proof of vaccination or a signed vaccine refusal form must be provided to the director of Duke Medicine Clinical Education's office. Please understand that refusal to take a flu shot can prevent you from shadowing; accepting a request for exemption is at the discretion of the director of Clinical Education.

Hepatitis B vaccine. 3 dose series